



**WOMEN'S HEALTH**  
GOULBURN NORTH EAST

*Challenging inequity, embracing diversity.*

# Strategic Plan

**2009-2012**

Health Promotion - Gender and Equity - Health Promotion - Gender and Equity

## Vision

**Equality for women,  
through challenging inequity and embracing diversity.**

Women's Health Goulburn North East is a dynamic, independent, feminist organisation committed to improving the health and wellbeing of women in the Goulburn Valley and North East Victoria.

Our work is underpinned by a social model of health which recognises that a complex array of factors influence a woman's sense of self, security and wellbeing. We respect and affirm diversity among women.

Women's Health Goulburn North East is an organisation that is innovative and collaborative. It is sustainably and efficiently managed.

## Target Group

We identify, prioritise and respond to women who are experiencing the greatest health inequity.

## Priorities for 2009-2012

- Promote women's **sexual and reproductive health** rights
- Engage in a multifaceted approach to prevent **violence against women**
- Facilitate social inclusion and promote **positive mental health** for women in a **changing environment**

## How We Do It

- We listen to women's voices
- We support organisations to recognise and challenge inequity
- We are committed to collaborative partnerships with women, communities and agencies
- We work proactively with a focus on awareness raising and early intervention

## What we do

### Research

We research women's experiences of health to raise awareness, change attitudes and influence service response.

### Capacity Building

We provide professional training and education to develop skills and resources to empower local women, communities and service providers. We provide health information and a referral service.

### Advocacy

We are alert to the political environment to uphold and advance women's rights by influencing policy and planning.

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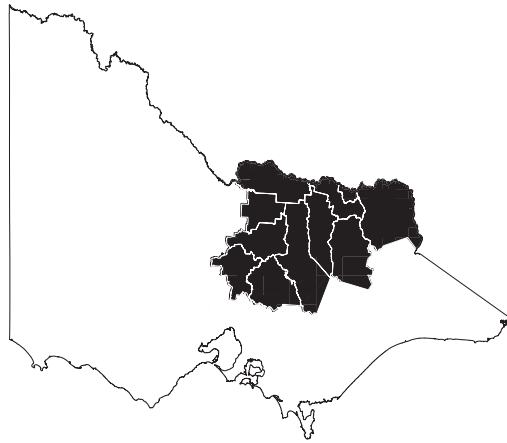


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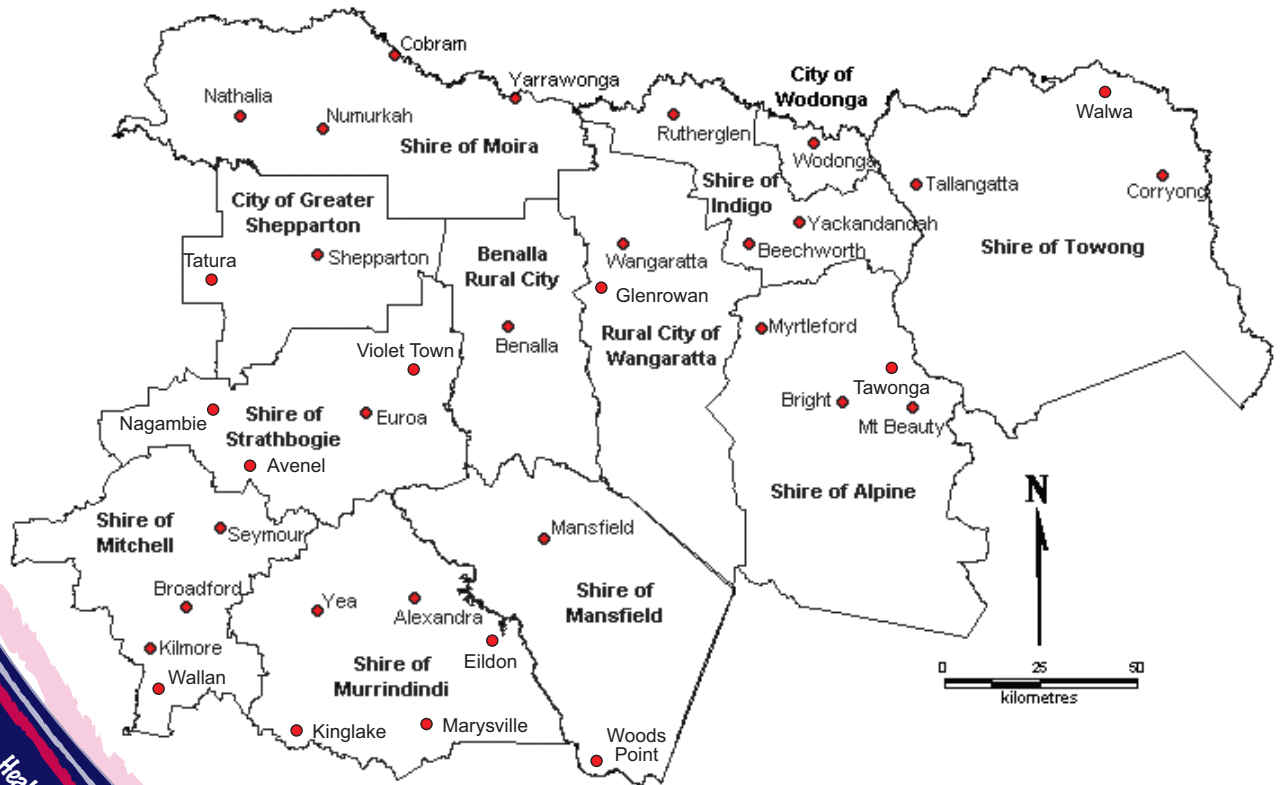
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# Goulburn Valley & North East Victoria

## Hume Region in Victoria



## Hume Region



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