

Alcohol, Tobacco & Other Drugs

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A Directory of Local Youth Services, Programs & Organisations in the Albury Area and Nth East Victoria

Please note- this document is by no means a comprehensive list of local youth services- it is just information I have obtained from services & info I have sourced and written myself. This is a volunteer project and I intend to keep it updated in a voluntary capacity. If your info isn't in the directory, please contact me and I will add it- I am relying on workers to let me know what I have missed

Developed and updated by Sandie McKoy, Career Education & Development Leader, Catholic College Wodonga.
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ALCOHOL, TOBACCO & OTHER DRUGS- SERVICES, INFO, PROGRAMS

Gateway Community Health	Alcohol, Tobacco and Other Drugs Unit	e- referral@gatewaycommunityhealth.org .au Ring Intake to make referrals 02 6022 8888 155 High St Wodonga, VIC, 3690	Provides a range of services for young people experiencing issues with alcohol, tobacco and other drug use. Services include- Drug Diversion Program; Drug Withdrawal Program; Counseling and Support; Parent & Carers Support Program; Methadone & other Pharmacotherapies; Needle & Syringe Program; Drink Driver Program and the Cautious with Cannabis Program. All services are currently free of charge except for the Drink Driver Program and the pharmacy cost for methadone dispensing. Condoms and AOD information is available to young people free of charge.
Paula Barassi (Hume Operations Manager) Cynthia Harrison, (Family Outreach Support Service)	Open Family Australia- Hume Region	www.openfamily.org/ barassip@openfamily.com.au 0409 427 614 charrison@openfamily.com.au 0418 361 847	Youth Outreach Program: Open Family provides a free outreach service for young people between the ages of 12 and 25yrs, who require information or assistance with alcohol and other drug issues. Services provided include alcohol and other drug assessment, information and referral, development of individual treatment plans, alcohol and other drug education and counseling, family support and information, advocacy and secondary consultations to other services. Family Outreach Support: Cynthia's role is to provide support for families who have members that have alcohol and other drug issues or are at risk of alcohol and other drug use
	Albury Community Health Service	chcalbury@gsahs.health.nsw.gov.au 02 6058 1801 596 Smollet St, Albury, VIC, 2640	Alcohol and other drug counseling, information about alcohol and other drugs. Albury Community Health Service also provides outpatient and hospital support for people undergoing detoxification and rehabilitation for alcohol & drug abuse. Assistance with applications for rehabilitation is also provided. There is a methadone program in operation. A free, confidential needle exchange provides syringes, swabs, condoms, lubricant and disposal for used syringes. Used needle disposal and a vending machine for FIT packs are available twenty-four hours a day. <i>Taken from the internet</i>
Albury Wodonga Community Drug & Alcohol Action Group	NSW Premiers Department, "Drugs & Community Action Strategy" Riverina Murray	02 6021 1455	The Albury Wodonga Community Drug and Alcohol Action Group are a group of people working together to take action on local alcohol and other drug issues. Young people are welcome to join the group, or come along and voice their opinions. The group meets monthly
	Granya House, Faith City	02 60729515 RMB 4021 Via Wodonga, VIC, 3691	Granya House is an alcohol and other drugs rehabilitation centre.
	Alcoholics Anonymous	Newcomers can phone Phill on 0401 901 881	Meetings are held in different areas weekly.

ALCOHOL, TOBACCO & OTHER DRUGS- SERVICES, INFO, PROGRAMS Cont...

	AL-ANON and ALATEEN	02 6059 3381	This is a support group for family members of those experiencing problems with alcohol.
	Narcotics Anonymous	<u>Albury</u> : Phone: 02 6041 2369 <u>Wodonga</u> : Phone: 02 6056 1648	Meetings are held weekly and are for people experiencing problems with drugs.
VIC State Initiative	Direct Line	1800 888 236	Direct Line is a 24 hour a day 7 day a week alcohol and other drugs counseling, information and referral service. Any young person living in Victoria can call this service and speak to professional and experienced counselors.
Commonwealth Initiative	Counselling Online	www.counsellingonline.org.au	Counselling Online is a website where you can communicate with a "live" professional counsellor about an alcohol or drug related concern. This service is for anyone seeking help about their own drug use or the drug use of a family member, relative or friend. The service is free and available 24-hours a day, 7-days a week, across Australia.

LEGAL RIGHTS, CONSUMER AFFAIRS

Karen Bowley (Principal Solicitor)	Hume Riverina Community Legal Service	cls@umfc.com.au 02 6057 5000 1800 918 377 12 Stanley St, Wodonga, VIC www.communitylaw.org.au/humeriverina	Young people can ring the Hume Riverina Community Legal Service for free legal advice. We offer telephone and face to face advice by appointment. Young people can drop in and access information on legal issues through pamphlets and flyers and staff can help with school projects. We can also offer free legal seminars on various topics and are very open to suggestions from the community on possible seminar topics.
	Legal Information Access Centre (Upper Murray Regional Library)	http://liac.sl.nsw.gov.au Albury Library, QEII Square, Albury, NSW, 2640, 0260416633 Upper Murray Regional Library 02 6022 9100.	Young people can access legal information through the library. You can access simple plain language information to more complex primary materials. This is a free information service, not an advice service. Information is available via pamphlets, documents, texts, and over the internet. Ask the librarian for help in accessing the information you are interested in!
	Legal Aid	www.legalaid.nsw.gov.au NSW ph 1300 888 529 www.legalaid.vic.gov.au VIC ph 1800 677 402	Legal aid is a free legal advice service. If you live in NSW, you can ring the 1300 number or the office in Wagga 02 6921 6588 to seek advice, and if necessary, arrange for an interview to be set up in Albury. If you live in VIC, you can ring the 1800 number or the office in Shepparton 03 5823 6200 for advice over the phone.

DISABILITY SERVICES		
	Disability Advocacy and Information Service (DAIS)	<p>admin@disability-advocacy.com.au 20 Stanley St, Wodonga, VIC 02 6056 2420</p> <p>Disability Services and Rights: DAIS provides advocacy support to people with disabilities. DAIS will assist people to resolve problems, provide information and support, refer to appropriate services, represent individuals when talking with service providers, take issues to government departments and Ministers, instigate proceedings in the Equal Opportunity Commission, refer to the Commissioner for Discrimination. This is a FREE service. Contact the Intake Worker on the contact details to the left</p> <p>Police and Court Support, Albury Justice Support Network: Provides support to a person with a disability if they have to go to court, or if the police want to speak with them, or if they are a victim of a crime, or a witness of a crime. Contact the Coordinator or Intake Worker at DAIS or 1300 665 908 (ah) or email ajsn@disability-advocacy.com.au</p>
Disability/ Special Needs Employment	<p>The Personnel Group</p> <p>Worktrainers</p> <p>AWARE Industries</p> <p>Hume Employment</p> <p>Kalianna Enterprises Inc</p>	<p><u>The Personnel Group</u>- 02 60411577 1/508 Swift Street, Albury or 155 High St Wodonga, 60 561 833</p> <p><u>Worktrainers</u>- 1800 802 277 3/91 Hume St, Wodonga, VIC, 3690</p> <p><u>AWARE Industries</u>- 02 6022 8300 22 Maloney Drv, Wodonga, VIC, 3690</p> <p><u>Hume Employment</u>- 02 6024 0200 4/91 Hume St, Wodonga, VIC, 3690</p> <p><u>Kalianna Enterprises</u>- 02 6021 4832 749 Sackville St, Albury NSW, 2640</p> <p>These agencies assist young people with a disability to develop career choices and employment opportunities. The assistance offered is designed to focus on the skills and abilities of people who manage a learning difficulty, physical or sensory disability or mental health condition on a daily basis.</p> <p>They can offer resume and application assistance, interview skills, job match for the right position AWARE Industries offers employment on site. The services are free and designed to establish long-term employment outcomes for jobseekers.</p>
Tom Lawson (Learner Services)	Wodonga Institute of TAFE	<p>tlawson@wodonga.tafe.edu.au 02 6055 66 85 87 McKoy St, Wodonga, VIC, 3690</p> <p>Certificate 1 in Work Education- a supported learning environment developing work skills for youth with additional learning needs)</p> <p>REAL Option: (Return to Education and Learning)- a flexible program for young people with mental health issues, who are ready to pursue further training (with support)</p> <p>Community Programs: offering a choice of options for students with special learning needs in small supported classes</p>

YOUTH DEVELOPMENT, GROUPS & PARTICIPATION

<p>Kevin Mack (Youth Resource Officer), Snr Sgt Les Nugent (Youth Albury Wodonga Albury Police Rep)</p>	<p>Youth Albury Wodonga</p>	<p>Kevin Mack- 02 6049 2790 kevin.mack@police.vic.gov.au Wodonga Police 100 Hovell Street, Wodonga, VIC, 3690</p>	<p>Youth Albury Wodonga is a Leadership program for youth to maximise their potential. The program is designed to encourage young men and women, 14 – 18 yrs to maximise their life skills in an alternative outdoor environment through experiential learning.</p> <p>10 Day Wilderness Program: This program is held in NE Victoria with mentoring and follow up upon return. The program is auspiced by the Youth Albury Wodonga Committee and is run in partnership with with the YMCA at Howmans Gap, Falls Creek. Other stakeholders include Parks Victoria, Falls Creek Management and the DSE.</p> <p>Wodonga Police Youth Outdoor Project conducts regular activities with regional school groups, Youth Albury Wodonga and Evolve@Typo. Leading Senior Constable Mal Clarke, Geoff Nicholls and Kevin Mack offer a range of activities, which include swift water rafting, canoeing, hiking and 4WD wilderness experiences for 14 to 17 year old youth of both genders. This project works in conjunction with other projects or as a 'stand alone' opportunity. All members are trained in Raft guiding and Swift Water Rescue. The activities a regularly conducted in the Upper Murray Region near "Tom Groggin" Station or on the King River at Cheshunt.</p>
<p>Karen Looby (NE Coordinator)</p>	<p>Evolve @ Typo Station</p>	<p>karyn@evolve.org.au 0458969397 PO Box 41, Chesthunt, VIC, 3678</p>	<p>Evolve at Typo Station runs an early intervention, outdoor based therapeutic program for at-risk young men aged 14-17 years in Nth East Victoria. It is a voluntary program for young men whom are seeking to make some supported changes in their lives. The program consists of an initial 5 week residential component followed by a two year follow-up support program, involving home based visits and regular phone contact</p>
<p>Greg Robinson (Plan-it Youth Project Coordinator, Riverina)</p>	<p>Department of Education and Training</p>	<p>greg.j.robinson@det.nsw.edu.au 0429 373894 P.O. Box 478, Wagga Wagga 2650</p>	<p>Community mentoring – volunteer mentors are trained at TAFE, and then matched with students in state secondary schools (in New South Wales only) & assist with their transition from adolescence to adulthood. If you would like to undertake the training, please contact Greg</p>
	<p>Mittagundi Outdoor Education Centre</p>	<p>Mittagundi C/o Omeo P.O. Omeo, Vic 3898 Phone: (03) 5159 7238</p>	<p>Mittagundi is a 400-acre property near the old gold mining town of Glen Valley, on the Upper Mitta Mitta River. 24 young people participate in the Mittagundi program per fortnight. Activities include hiking, abseiling and white water rafting and running the farm (milking the cows, baking bread, building sheds and fences, planting trees, blacksmithing, making furniture and helping tend the vegetable garden). All special hiking and camping gear is provided.</p>

YOUTH DEVELOPMENT, GROUPS & PARTICIPATION Cont...

	Army, NAVY and Airforce Cadet Units, Albury/ Wodonga	<p>Army 37 AC Units- 0414 402 909 Bernie Smith, 37acu@cadetnet.gov.au</p> <p>Air Force Cadets- 412 Squadron, Daniel Salmon, 02 6041 4894, admino.412sqn@aaafc.org.au</p> <p>TS Albury Navy Cadets Leut Wayne Smith, 02 6055 2369</p>	<p>Cadet training involves a wide range of activities such as field map reading; compass navigation; drill and ceremonial man management and leadership; first aid; instructional techniques; bush craft; radio communications; military history; bush survival skills; dress and appearance; self discipline; physical training; basic field engineering and in some units catering or band training.</p> <p>Most cadet units also introduce into their training activities such as orienteering, abseiling, archery, canoeing, visits to military establishments and other places of interest and most have active social programs.</p>
Programs Coordinator	Albury Retro Youth Cafe	<p>mwilson@alburycity.nsw.gov.au www.myspace.com/the_retro 02 6021 8208 0409 906 474 556 Dean St, Albury, NSW, 2640</p>	<p>The Retro Youth Café provides many opportunities for young people to become more involved in their community and to participate in programs and initiatives. They run a variety of programs for young people throughout the year based on consultation with young people.</p> <p>These programs include- Friday Night Gigs; Resume Writing; Music programs; Young Parents Group and the Youth Management Committee. A number of services are also available for young people through the Retro. Further, there are numerous opportunities for young people to be able to become volunteers with the Youth Café on large events around Albury.</p>
<p>Melissa Long (Team Leader)</p> <p>Anthony Nicholson (Youth Officer)</p> <p>Stacey Harrison (Youth Participation Officer)</p> <p>Nicole Cornell (Project Coord)</p>	City of Wodonga Youth Services	<p>mlong@wodonga.vic.gov.au</p> <p>anicholson@wodonga.vic.gov.au</p> <p>sharrison@wodonga.vic.gov.au</p> <p>ncornell@wodonga.vic.gov.au</p> <p>Phone 02 6022 9700 Fax 02 6022 9322 Hovell St Council Office, Wodonga, VIC, 3690</p>	<p>Wodonga Council's Youth Services' unit plays a role in ensuring advocacy for young people's issues and responds to young people's needs through local government planning, policy development and service delivery activities. The Youth Services' unit provides a range of activities which have a direct impact on young people in Wodonga.</p> <p>These include Festivals, Youth Information Card, Skate Competitions, FReeZA gigs, Music program and holiday programs. All our events are smoke, drug and alcohol free. Youth services is always interested in talking to young people who would like to get involved in our events on a volunteer basis. If you would like more information on the process of becoming a volunteer, Call Youth Services for a Volunteer Information Pack. We also welcome questions or comments from parents or the community.</p>
Dave Hoystead (Manager)	Albury/ Wodonga Youth Project- 'The Place'	1101 Mate St Nth Albury NSW 2640 Ph 02 60405507	The centre provides a range of recreation and leisure services for young people aged between 12 and 17 years of age. Activities include: pool competitions, play station, computer games, word processing, art, craft, and school holiday programs. Opening times are late afternoon to evenings during the week.

YOUTH DEVELOPMENT, GROUPS & PARTICIPATION Cont...

Sharon McGaffin (Youth Services Officer)	Towong Shire	Sharon.McGaffin@towong.vic.gov.au 0260715100 32 Towong St, Tallangatta, VIC, 3700	Sharon works with young people and their families in Tallangatta and the surrounding areas. She works to support young people's participation in their communities and works with young people to initiate appropriate and sustainable social activities. She works with schools, businesses and agencies to identify local youth needs and develops strategies to address them. She aims to assist and improve access to appropriate services, support and information for young people and families, and aims to facilitate access to community and public transport for young people to see service providers.
Amanda Wilson (Youth Development Officer)	Albury City	mwilson@alburycity.nsw.gov.au 02 6023 8751 553 Kiewa St, Albury, NSW, 2640	For any young people who want to get involved in committees or interest groups for the local Albury area to do activities of personal interest. e.g art, music, volunteering etc. Programs currently being run include the Community Link Program, Indigenous Circus Program and Youth Council. Activities that are run each year include Kool Skools, Youth Forums, and Youth Festivals/events.
Bev Hofmann (Youth Development Officer)	Indigo Shire	bhoffmann@indigoshire.vic.gov.au 0418163 699 02 6028 1133 34 High St, Yackandandah, Vic, 3707	The YDO works with young people in the Indigo Shire, providing strategic and practical initiatives for young people aged 12 to 25, and their families/guardians. Indigo Shire Council is committed to encouraging young people to reach their full potential through community development programs and service linkage. The Shire Council supports a current advisory team, called i86 Youth Action Committee, and two Youth Centres: The Hedge – situated behind Rutherglen Library in High St, Rutherglen, and Beechworth Youth Centre, in Harper Ave (the town's old Train Station)
Djembe		Phone Dan 0425 780 694 or Leah 0434 839 007	Djembe is for young 18-25 years old. The aim is to provide opportunities to meet other young adults around the area through sport, music etc in an alcohol free environment. "Gather together, Celebrate Life, Alcohol Zero
Youth Development Worker	Upper Murray Health & Community Services	youth@umhcs.vic.gov.au 02 6076 3202 Keill St, Corryong, VIC, 3707	The YDO works with young people in Corryong and the surrounding areas. <u>Youth United Council</u> : Are a youth action committee between the ages of 12 – 24, who work with the community to understand the needs of young people in the area and to undertake action around what young people want recreationally in their community.
	Greater Hume Shire	02 6036 0100 PO Box 99 Holbrook, NSW, 2644	The Youth Development Officer coordinates the Greater Hume and Lockhart Shire Council's Youth Services. The YDO runs a series of programs for young people designed to increase their participation in their community.
Ron Montgomery	Albury PCYC	albury@pcycnsw.org.au 02 6021 74 37	The PCYC runs a variety of activities, programs and services for young people. They also link closely with other organizations in the community.

EMPLOYMENT, VOLUNTEERING, APPRENTICESHIPS

Job Services Australia	Workways Assoc Inc Worktrainers CVGT Sureway Employment & Training	<u>Workways</u> - 02 6055 0900 216 Beechworth Rd, Wodonga, VIC, 3690 <u>Worktrainers</u> -1800 802 277 3/91 Hume St, Wodonga, VIC, 3690 <u>CVGT</u> - 02 6022 0900 Suite 4, Cnr Olive & Swift Sts, Albury, NSW, 2640 <u>Sureway Employment & Training</u> 1300 305 365 1/529 Kiewa St, Albury, NSW, 2640	<u>Job Service Australia</u> is a group of Australia wide organizations dedicated to finding people employment.
Australian Apprenticeship Centres	AUSNAC VECCI MEGT MAS	<u>AUSNAC</u> - 02 6024 0800 2 Michael Drive Wodonga, VIC, 3690 <u>VECCI</u> - 02 6056 01 85 95 Hume St, Wodonga, VIC, 3690 <u>MEGT</u> - 02 6056 4355 Suite 1,175 Lawrence St Wodonga, VIC <u>MAS</u> - 02 6021 5722 560 David St, Albury, NSW, 2640	Australian Apprenticeship Centres assist young people to access full and part time traineeships and apprenticeships and school based apprenticeships by linking them to local employers.
Group Training Companies	ATEL Australian industry Group GTES	<u>ATEL</u> - 02 6024 7366 2 Michael Drive Wodonga, VIC, 3690 <u>Ai Group</u> - 02 6021 5722 560 David St, Albury, NSW, 2640 <u>GTES</u> - 1300 881 279 Enterprise House, 3 Stanley St Wodonga	Group Training Companies assist young people to access full and part time traineeships and apprenticeships and school based apprenticeships by employing them and hosting them out to 'host employers' in the local area.
Lindee Clarke (Administration)	Albury Wodonga Volunteer Resource Bureau Inc	<u>volunteercentre@vrb.org.au</u> 02 6021 0990/ 02 6021 0993 596 Hume St, Albury, NSW, 2640	Assistance with linking in Young People into volunteer work. Must be at least 16yrs. Can undertake volunteer work in a variety of industries. VRB also run training for young people and organizations

MENTAL HEALTH, COUNSELLING & SUPPORT

<p>Lisa Gundish (CEO) Louise Schiedl, (Health Promotion Worker)</p>	<p>North East Child & Adolescent Mental Health Services</p>	<p>Intake Worker- 02 60 247711 155 High Street, Wodonga, VIC, 3690</p>	<p>NECAMHS is a free and confidential child and adolescent mental health service. Assistance is provided to young people up to the age of 18 yrs and their families where the young person is identified as experiencing emotional, behavioural or mental health problems. NECAMHS also co-ordinates assessments for Autism for 0-18 year olds. Referrals can be made by phoning intake worker Mon-Fri 9-5pm. 24 hr Crisis Intake 1300 881 104.</p>
<p>Hamish Alker- Jones and Phillip Menzie</p>	<p>Hume Region Early Psychosis Service</p>	<p>Hamish.Alder-Jones@wrhs.org.au Philip.Menzie@wrhs.org.au 0429 940 138 Hume St, Wodonga, VIC, 3690</p>	<p>Hamish and Phillip cover the Wodonga and Wangaratta area. They are happy to speak to any youth workers or agencies about early psychosis in young people and the service they provide. Their service is for young people between the ages of 15 – 25yrs and the service “seeks to engage young people and their supports experiencing a First Episode Psychosis early so as to reduce the period of untreated psychosis and promote recovery”.</p>
	<p>Gateway Community Health</p>	<p>e- referral@gatewaycommunityhealth.org .au Intake Worker 02 6022 8888 155 High St, Wodonga, VIC, 3690</p>	<p>Gateway Community Health have a variety of mental health services & programs. These include: Adolescent Counseling: Provided 1 day per week at Beechworth. Get Together House: (Team Leader- Loretta Foster) is a psychosocial rehabilitation day program. Staff provide group and individual psychosocial rehabilitation and recovery services to people 16 – 64yrs with a mental illness and psychiatric disability, living in the Upper Hume region of Victoria. Get Together House is located in Wodonga, and provides some outreach services to smaller towns in the region GROOVERS: (Coordinator- Ros Thomas)- is a group for young people who are recovering from a mental illness. The program offers group and individual activities and support to young people. The aim of the program is to increase skills and confidence and work towards recovery. Age- 16 – 24yrs Children’s Counseling Service: (counselor- Katherine Washington)- is a free and confidential service. It provides counseling and support for children up to 10yrs and their families in the Shires of Towong, Indigo, City of Wodonga, and the Kiewa Valley.</p>
	<p>Albury Child & Adolescent Mental Health Services</p>	<p>Intake Worker 02 60581 750 Townsend St, Albury, NSW, 2640</p>	<p>Provides mental health services to young people in the Albury and district areas 0 – 18yrs. Contact the intake worker to make a referral</p>

MENTAL HEALTH, COUNSELLING & SUPPORT Cont...

Caroline Enshaw	Albury Community Mental Health	475 Townsend Street, Albury, NSW, 2640 (02) 6058 1766	Caroline's role is to work with young people between the ages of 14 – 25 yrs who are at risk of developing a mental illness through early intervention work.
Judy Rose (Program Manager)	Triple R Wodonga	jrose@mindaustralia.org.au 02 6056 8484 0429 708 497 5/10 London Rd, Wodonga, VIC, 3690	This service is a transitional residential psychosocial rehabilitation service for young people 16 – 24 yrs experiencing disability related to serious mental health issues. Young people can be referred through agencies or by self-referral. There are 10 single bedrooms in shared 2 or 3 bedroom units. The young person must be willing to commit to improving their mental health and other identified areas of life skills as part of working towards their own recovery
Greg Lowe (Manager Youth Services)	Centacare School Liaison & Family Support Service	Wagga glowe@cso.wagga.catholic.edu.au 449 Olive St, Albury NSW 2640 02 60423700	Greg Lowe: This service aims to assist Catholic schools in the Diocese of Wagga Wagga in meeting the needs of students, families, and staff in ways that will enhance the well-being and development of children and the school community.
Rebecca Gilbert (Senior School Family Support Worker)		Wodonga & District 10 Nilmar Ave Wodonga 60 56 18 61 rebecca.gilbert@centacare-sandhurst.org.au	Rebecca Gilbert: Provide counselling, support, and group work to students and families within the following catholic schools- St Monica's P.S, St Augustine's P.S, Frayne College, St Joseph's Chiltern and Sacred Heart Yarrowonga
John Douma, Psychosocial Rehabilitation Worker	Nolan House	john.douma@gsahs.health.nsw.gov.au 02 6058 4450	John works with adults and adolescents at Nolan House providing psychosocial support
Commonwealth Initiatives	Ybblue Reach Out Kids Help Line	http://www.beyondblue.org.au/ybblue http://www.reachout.com.au/home.asp 1800 551 800	Ybblue and Reach Out have heaps of resources for service providers to access to give to young people who are experiencing depression and/ or anxiety and other issues. Kids Help Line is Australia's only free, confidential and anonymous, 24-hour telephone and online counselling service specifically for young people aged between five and 18
State Initiative	Mental Health Advice Line	1300 280 737	The Mental Health Advice Line is a statewide Victorian phone service that provides immediate, expert mental health advice from a registered mental health professional, 24 hours a day, 7 days a week. By calling one statewide number – 1300 280 737 – Victorians of all ages and backgrounds will now have speedy access to clear expert advice, referral and information about the full spectrum of mental health issues.

INDIGENOUS SERVICES & EDUCATION

<p>Di Griffin- Counselling/ Support</p> <p>Jo Taylor- Bringing them home support</p> <p>Kate Taylor- Practise Nurse</p> <p>Dean Heta- Mental health Worker</p> <p>Salina Clarke- Health Educator</p>	Albury Wodonga Aboriginal Health Service	<p>reception@awahs.com.au 684 Daniel St, Glenroy, NSW (02) 6040 1200 1800 401640</p> <p>di@awahs.com.au</p> <p>Joanne@awahs.com.au</p> <p>kate@awahs.com.au</p> <p>dean@awahs.com.au</p> <p>salina@awahs.com.au</p>	<p>Services primarily the Albury and Wodonga Areas, but also extends to Benalla and Wangaratta. Free medical community transport to and from the service and anywhere in the community for medical appointments. Bulk billing primary health care services.</p> <p>Services include health checks, women's health, diabetes checks, family support and counseling and alcohol and other drugs counseling</p>
Beck Willis (Project Coordinator)	Community Connections	02 6022 8888 155 High St, Wodonga, VIC, 3690	The role of the 'Community Connections' worker is to support access to services for members of the Aboriginal and Torres Strait Island Community, which involves- Bringing together service and referral information; Creating information that is user-friendly and culturally sensitive; Distribution of information to the community and clients in a variety of forms; Creating community access points for information including internet access; Creating informal opportunities for connectedness with a flexible approach; Pathways supporting clients access to services; Supporting pathways through encouraging service awareness, flexibility and outreach; and Developing service capacity
Natalie Clarke (Family Support Worker)	Mungabareena Aboriginal Corporation.	familysupport@mungabareena.com 0260247599 21 Hovell St, Wodonga, VIC, 3690	Mungabareena Aboriginal Corp run services for indigenous young people and their families. Natalie assist families through the Family Support Services. A Playgroup and Preschool is also run.
Trisha Klauss (Aboriginal Liaison Officer)	Wodonga Institute of TAFE	pklauss@wodonga.tafe.edu.au 02 6055 6638 87 McKoy St, West Wodonga, VIC, 3690	Indigenous Education Programs- Programs for young Koori people over the age of 16 include Timber Studies, VCAL, Aboriginal or TSI Arts, Building and Construction, Horticulture and Cert IV in Training and Assessment. If you are working with a young Koori student who has disengaged from the education system, please contact Trisha to discuss their educational options.
Koori Maternity Enhancement	Wodonga Hospital	02 6051 7257	

YOUTH & FAMILY SUPPORT SERVICES

	RESOLVE - Family & Adolescent Counselling	<u>e-referral@gatewaycommunityhealth.org.au</u> Intake Worker 02 6022 8888 155 High St, Wodonga, VIC, 3690	RESOLVE Aims to provide relationship services that strengthen and sustain the well-being of families and adolescents in our community. Family therapy approaches are utilized to working with families and adolescents. RESOLVE works with families and adolescents on a range of issues including: parenting, times of transition, relationships (friends, peer and family), emotional well-being, grief and loss, sexuality, rules and lifestyle. Other services include: Mediation; Education and training sessions for groups - adolescent & parenting; Partner with other family & adolescent initiatives; Group work and facilitation. RESOLVE also includes Family Group Conferencing as well.
Lucinda Rhook Margaret Hough (Adolescent Family Counseling)	YES Youth & Family Services	<u>afc@yes.asn.au</u> 02 6058 6210 562 Macauley St, Albury, NSW, 2640 02 6058 6270 <u>judie@yes.asn.au</u>	<p>Adolescent Family Counselling: Provides free professional family and individual counseling to young people 12 – 18yrs and/or their families, experiencing conflict and other personal family difficulties. Issues young people may want to contact the service about: Family conflict; running away from home; family crisis; school related difficulties, violence involving an adolescent; having problems with parents and/or families, dealing with divorce, death, fostering and adoption etc.</p> <p>Family Support and Tutoring Program: Provides an outreach service to families of young people aged 9-14 yrs who are excluded from school and /or are at the risk of expulsion and/or not making a successful transition to high school. Young people are supported to access a specifically designed tutoring program delivered in partnership with Westside Community Centre and families are supported to increase participation and contribution to community and identify and address issues which may impact in the young person engagement with education.</p>
Cynthia Harrison, (Family Outreach Support Service)	Open Family Australia- Hume Region	<u>charrison@openfamily.com.au</u> 0418 361 847	Cynthia's role is to provide support for families who have members that have alcohol and other drug issues or are at risk of alcohol and other drug use
Vivien Hardham (Manager, Family Services)	Upper Murray Family Care, Integrated Family Services Team	<u>vhardham@umfc.com.au</u> (02) 60228000 29 Stanley St (PO Box 725) Wodonga Vic 3689	UMFC's Integrated Family Services Team supports families to care for themselves, particularly when it comes to the wellbeing of their children and young people. We try to offer the most effective and flexible service possible for each situation. This will include focused single session work. For children and young people we offer support in many ways, e.g. counseling, group work at times, linkages to other services. We always consider the best interests of the children and young people in the context of their families.

YOUTH & FAMILY SUPPORT SERVICES

Kath Kerin (Manager Child FIRST- Child & Family Information, referral & Support Teams)	CHILD First	childfirst@umfc.com.au Lead Agency- UMFC 1800 705 211 29 Stanley St, Wodonga Vic 3689	CHILD First is a central intake system for community based family services referrals. Professional & self-referrals can be made by contacting the 1800 number to make referrals for family services to the following agencies- CHSS, UHCHS, QEC and City of Wodonga Maternal Child Health Nurse. "The primary purpose of Child FIRST is to ensure that vulnerable children, young people and their families are linked into relevant services".
	Central Hume Support Services	Intake Worker 02 60437 400 14 Mint St, Wodonga, VIC, 3690	Adolescent Support/ Finding Solutions Program- This is a Hume Region initiative involving 3 agencies (Central Hume Support Services, NESAY & The Bridge). This program targets young people 10 – 17yrs where the young person has been notified to Child Protection, but further departmental intervention is not warranted. The program provides a case management intervention service for young people and their families to provide support and prevent the family unit from re-entering the child protection system. The program provides mediation and works primarily with the young person and their family to develop and maintain relationships within the family home, enabling the young person to remain residing with their family
Amber Murphy	Commonwealth Carer Respite and Carelink Centre (Intereach)	amberm@intereach.com Freecall 1800 052 222 1/553 David Street, Albury 3690	The Commonwealth Carer Respite and Carelink Centre provides free information, support and guidance to carers under 25 years. The support coordinators have a wealth of knowledge and experience in supporting carers and their families. They can also book carer respite should it be necessary.
Pastor Kerry Schubert	Albury Baptist Church	Kls1111@hotmail.com 02 6021 1426, Cnr Macauley & Crisp Streets, Albury, NSW, 2640	The Church offers Christian based counselling services to youth and parents and siblings.
	Domestic Violence Line	1800 015 811	
	Child Abuse Protection	131 278	

ALTERNATIVE EDUCATION PROGRAMS

<p>Lauren Leita (Youth Pathways Coordinator)</p> <p>Rachel Habgood (Youth Pathways Officer/ Counsellor)</p> <p>Lisa Kuhn (Youth Pathways Officer)</p> <p>Ben Bartlett (Youth Pathways Officer)</p> <p>Sue Bloye (General Preparation and Language Program Area Leader)</p> <p>Sharon Nevinson (Transition Program Area Leader)</p> <p>Zoe Mason (VCAL Program Area Leader)</p> <p>Jan Anderson (Administration Officer)</p>	<p>Wodonga Institute of Tafe</p>	<p>Lauren Leita lleita@wodonga.tafe.edu.au 02 6055 6688</p> <p>Rachel Habgood rhabgood@wodonga.tafe.edu.au 02 6055 6933</p> <p>Lisa Kuhn lkuhn@wodonga.tafe.edu.au 02 6055 6683</p> <p>Ben Bartlett bbartlett@wodonga.tafe.edu.au 02 6055 6551</p> <p>Sue Bloye sbloye@wodonga.tafe.edu.au 02 6055 6554</p> <p>Sharon Nevinson snevinson@wodonga.tafe.edu.au 02 6055 6530</p> <p>Zoe Mason zmason@wodonga.tafe.edu.au 02 6055 6658</p> <p>Jan Anderson janderson@wodonga.tafe.edu.au 02 6055 6685 87 McKoy St, West Wodonga, VIC, 3690</p>	<p>The Certificate of General Education for Adults (CGEA) Is a year 10 equivalent program. This course is offered during the day for adult learners and at night for anyone over the age of 16. Areas covered include reading, writing, oral communication, maths, general education, computers & science. Students in full time classes attend 3 days per week during first or second semester. Students in part time classes attend one night per week for the full teaching year. Call Sue Bloye for more information.</p> <p>Brush up skills- Is a course designed for people over the age of 16 who would like to improve their Math's and English skills. Areas covered include reading, writing, maths, spelling and computers. Classes are run on Tuesday evenings between 1.30pm – 4pm and Tuesday evenings between 5.30pm – 8pm. For more information, contact Sue Bloye.</p> <p>VCAL Program- Students over the age of 16 complete a Senior Secondary Certificate program, which comprises of literacy, numeracy, work related skills and personal development. They also undertake an industry skills component, choosing an area from many different industry areas, for example- horticulture, community services, retail, business admin and warehousing. Contact Zoe Mason for more information</p> <p>Other Learner Services Courses- <u>Certificate I in Work Education</u> (a supported learning environment developing work skills for youth with additional learning needs); <u>Certificates I & II in Aboriginal or Torres Strait Islander Cultural Arts</u>; <u>REAL Options</u> (Return to Education and Learning- a flexible program for young people with mental health issues, who are ready to pursue further training (with support)); <u>Community Programs</u> (offering a choice of options for students with special learning needs in small supported classes); <u>Prepare for study</u> (for adults to develop skills for successful study); <u>Selection Test Preparation</u> (concentrates on teaching English, Math's and problem solving skills to help you pass selection tests, such as those required for entry into the Police Force, Defence Force, Nursing or Ambulance Service); <u>Study Skills Support</u> one to one tutoring for enrolled TAFE students, tailored to meet individual requirements). <u>Certificate I in Vocational Preparation</u> (designed for people with a mental illness). Contact Jan Anderson for more information.</p>
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ALTERNATIVE EDUCATION PROGRAMS

<p>Jane Childs (Course Information Officer)</p>	<p>Riverina Institute of TAFE (Albury Campus)</p>	<p>jane.childs@tafensw.edu.au Poole St, Albury, NSW, 2640 02 6058 2800</p>	<p>Foundation and Vocational Education- Focuses on improving literacy, numeracy, confidence, self esteem & learning skills. On completion, young people can do General & Vocational Education Certificate II</p> <p>General and Vocational Education Cert II- Yr 10 equivalent course. Allows student to gain entry into any course requiring a yr 10 minimum entry level.</p> <p>Career Education & Employment for Women- At the completion of the course, the young person will be able to do General & Vocational Education Certificate II and a number of vocational courses. If all units are completed, the participant will receive a Cert II in Skills for Work.</p> <p>Tertiary Preparation Certificate- Yr 12 equivalent course. At completion young person will be able to enter TAFE Diploma and Uni courses.</p> <p>HSC Studies. The Statement of Attainment in HSC Studies is for students who want to complete the NSW HSC in an adult learning environment. Participants need to have either a yr 10 pass or Certificate II in General and Vocational Education and they will undertake the course over 2 years</p>
<p>Claire Cooper (Lead Teacher- Albury & Wodonga Campus)</p> <p>Annette Conway (Team Leader, Wodonga Campus, Welfare Coordinator)</p> <p>John Noonan (Team Leader, Albury Campus)</p> <p>Greg Barmby (Welfare Worker)</p>	<p>Albury Wodonga Community College</p>	<p>claire@awcc.edu.au 0427 049 577</p> <p>annette@awcc.edu.au 0408 620 298</p> <p>John@awcc.edu.au 02 6041 3955</p> <p>Greg@awcc.edu.au 02 6043 8200</p> <p>www.awcc.edu.au Wodonga Campus 63 High St, Wodonga, VIC, 3690 02 6043 8200</p> <p>Albury Campus 327 Kiewa St, Albury, NSW, 2640</p>	<p>Youth Pathways Program provides VET education and support for young people wishing to achieve educational training for employment or further studies. Young people aged 16-19 can undertake a variety of vocationally based certificates (can be combined with CGEA Year 10). This includes Hospitality, Community Services, Children's Services, Work Prep, I.T, Business and more. Contact Claire or Annette</p> <p>The Certificate of General Education for Adults (CGEA) is a year 10 equivalent program. Young people can undertake the CGEA to obtain a year 10 equivalent, which can assist them to obtain employment or to reengage with the educational system. Contact Claire or Annette</p> <p>The Albury Wodonga Community College is an independent school offering a VCAL program for young people 16 +. Students complete a year 11 and 12 VCAL program, which comprises of literacy, numeracy, work related skills and personal development. They also have a choice of undertaking a variety of VET certificates like children's services, disability services, aged services, business, hospitality and animal studies. Students can also undertake work placement and school based apprenticeships and traineeships. Contact Claire or Annette</p>

ALTERNATIVE EDUCATION PROGRAMS

Maree Cribbes and Alyson Miller, Assistant Principals, Wodonga Middle Years College	Building Links	Wodonga Middle Years College, Felldimber Campus (Hedgerow Court) 0260579000	<p>This program is for students who are disengaging from school. "Every young person in Wodonga thrives, learns and grows to enjoy a productive, rewarding and fulfilling life, while contributing to their local and global communities." Adapted from DEECD</p> <p>Program Aims Our program aims to provide an integrated, supportive and structured educational setting for students who are at risk of exclusion from traditional school programs.</p> <ul style="list-style-type: none"> ❑ To provide support and community links for students and their families to reengage in mainstream education ❑ To enable young people to experience success in a safe environment ❑ To create pathways and solutions to support with challenging behaviours ❑ To assist the young person to recognise that participating in education is vital to their future success ❑ To promote and develop social/life skills
	HighWater Theatre, Gateway Community Health	<u>e-referral@gatewaycommunityhealth.org.au</u> Intake Worker 02 6022 8888 155 High St, Wodonga, VIC, 3690	<p>HighWater Theatre is a joint initiative between Somebody's Daughter Theatre, Gateway Community Health and the Department of Education and Training (Vic). It's an alternative arts based education and engagement program for young people between the ages of 12 – 16yrs, who are considered to be at risk. The aim of the program is "Through theatre, created from the real life experiences of the performers – ex-prisoners and rural youth at risk facilitate sustainable individual and social change around the issue of drug prevention".</p>
Lindee Clarke (Administration) Jemma Toohey (Trainer)	Albury Wodonga Volunteer Resource Bureau Inc	<u>volunteercentre@vrb.org.au</u> 02 6021 0990/ 02 6021 0993 596 Hume St, Albury, NSW, 2640	<p>Pathways Training Program: This is a four session program for young people that provide pathways to investigate and gain skills for working or volunteering in community organisations. Cost is \$55 or free for volunteers and Centrelink recipients. Morning/ Afternoon Tea and Lunch are provided.</p>

CAREER AND TRANSITION SUPPORT SERVICES & PARTNERSHIPS

Steven Gardner Alison Holloway	North East Victoria- Workways Assoc Inc	02 6056 6311 216 Beechworth Rd, Wodonga, VIC, 3690	<u>Youth Connections</u> is a free case management service available to young people aged 13 to 19 years old who are at risk of disengaging, or have already disengaged from education, and or family and the community due to personal factors or barriers. It aims to assist young people to reach their full potential by remaining engaged or reengaging with the education system to attain a level of education that will allow them to work towards their future goals and aspirations. The program is an Australian Government Initiative funded by the Department of Education, Employment & Workplace Relations (DEEWR).
Judith Wilson	Albury & Riverina- YES Youth & Family Services	02 6058 6280 1300 739 647 The HUB, 562 Macauley St, Albury, NSW 2640	
Eleisha Rush and Liam Colvin, Specialist Employment Services	YES Youth & Family Services (sub- contracted by NESAY)	02 6058 6260 jsa@yes.asn.au The HUB, 562 Macauley St, Albury, NSW 2640	Provides case management and individually tailored assistance to jobseekers in the Albury Region who face vocational and non-vocational barriers to employment. The service specialises in assisting disadvantaged and disconnected young people and people (of all ages) who are homeless or at risk of becoming homeless. YES is sub-contracted by NESAY to provide this specialist employment services to eligible Albury residents as part of the new Job Services Australia.
Kim Strachan Scott Landells Mardi Chartres	Murray Industry & Community Education Employment Partnership Inc (MICEEP)	PO Box 3502 Macauley Street, Albury NSW 2640 Kim Strachan (Executive Officer) kim@miceep.com.au Scott Landells (Partnership Broker – Albury Corowa cluster) scott@miceep.com.au Mardi Chartres (Partnership Broker – Central Murray/Western cluster) Mardi.Chartres@det.nsw.edu.au	MICEEP operates a DEEWR (Federal Government) Partnership Broker Contract that aims to improve the education and transition outcomes for young people aged 11 to 19 years. Our footprint extends across 12 NSW LGAs situated along the Murray stretching from Albury to Balranald and including Greater Hume, Deniliquin and Hay. We work with four key stakeholder groups – Education, Community, Business/Industry and Parents/Families to develop sustainable, capacity building partnerships.
	Gateway Community Health	Judy Davis 02 6022 8888 155 High St, Wodonga, VIC, 3690	The School Focused Youth Service supports the development of activities focusing on young people through building partnerships between school and community agencies. Contact Judy to find out more!
Marg Crisp (CEO) Joanna Macklan (Strategic Liaison Officer) Warren Mirtschin (Strategic Liaison Officer)	NELLEN North East Local Learning and Employment Network	mcrisp@nellen.org.au jmacklan@nellen.org.au wmirtschin@nellen.org.au 02 6506 0966 117 Hume Street, Wodonga, VIC, 3690	The NELLEN works to improve participation, engagement, attainment and transition outcomes for young people aged 10 to 19 years, within the City of Wodonga and the Shires of Alpine, Indigo and Towong. The role of the NELLEN is to work with the community, industry and business, education/training providers, parents and families, to identify gaps and assist in building local and sustainable partnerships for the benefit of young people. Contact us to find out how we can assist in your community.

SEXUAL HEALTH, RELATIONSHIPS

Cheryl Lundin Coordinator	Women's Centre Albury Wodonga Inc	awwcmanger@hotmail.net.au 02 6041 1977 643 Olive St, Albury, NSW, 2640	The Women's Centre is a confidential supportive service for women by women and offers Counselling by appointment (we specialise in relationship issues, survivors of sexual assault and family/relationship violence), drop in and phone support for women in need (no appointment needed), Domestic Violence Court Support Service etc. Women's Health/Support Programs around the issues of self esteem & assertiveness, loss & grief, women & anger, sexual assault, domestic violence, mental health & sexuality. We also have monthly Well Women's Clinics
Brigitte Webber (Women's Health Nurse)	Albury Community Health Service	brigitte.weber@gsahs.health.nsw.gov.au 02 6058 1825 596 Smollet St, Albury, NSW, 2640	Bridget holds women's health clinics in many communities including Albury, Wodonga, Culcairn, Henty, Corowa/ Mulawa, Urana/ Oaklands and Thurgoona etc. Bridget can help out young people through advice, checkups and support around: Aboriginal Women's Business "YALI", menstrual problems, menopause, breast health, cancers, pregnancy tests and issues- choices & counseling, lesbian health, STI screening, stress, disabilities, support with domestic violence or sexual assault issues, and/ or counseling.
Bec McGowan	Vermont St Public Health Clinic	PH: 026051 7535 79 Vermont St, Wodonga, VIC, 3690	Sexual health checks. Pap smear checks.
Sue Reid (Women's Health Nurse)	Tallangatta Health Service	Susan.Reid@ths.vic.gov.au 02 6071 5200 Barree St, Tallangatta, VIC, 3700	Sue provides health services to women in Tallangatta and the surrounding district. Services include, breast checks, pregnancy support etc. Adolescents welcome. Services are free
Test Me	Melbourne Sexual Health Centre.	http://www.testme.org.au/	TESTme is for rural Victorians who live 150 kms or more from Melbourne and are worried that they might have a sexually transmitted infection. TESTme provides testing for sexually transmitted infections (STIs) through phone or web cam consultations with a nurse or doctor working at Melbourne Sexual Health Centre.

SAME SEX ATTRACTED SUPPORT SERVICES

	Gateway Community Health	e-referral@gatewaycommunityhealth.org.au Intake Worker 02 6022 8888 155 High St, Wodonga, VIC, 3690	<p>Let Go – Same Sex Attracted Youth Support Group. This group meets regularly and offers support, activities and educative sessions on relationships for young people aged between 14 & 24 years - with a focus on same sex attracted, bisexual and those that are still unsure.</p> <p>It is fully supervised by professional workers. Young people are supported to discuss issues that may be effecting them and to meet other people and create new friendships. The group meets Monday's 5pm to 6.30pm and members are able to be dropped home if they don't have transport</p>
Gay & Lesbian Liaison Officer	Victoria Police	03 9881 7093 Knox Police Complex. 414 Burwood Hwy, VIC, 3157	<p>The Gay and Lesbian Liaison Officer acts as a link between the gay and lesbian community and the Police in Wodonga and the North East. The aims of this position are to break down barriers between the gay and lesbian community and the police, to increased awareness and understanding of gay and lesbian issues in the local area to police and to support gay and lesbians who have been victims of crime.</p>
	Gay and Lesbian SWITCH Board	1800 184 527	This is a hot line for gay and lesbian counseling

TENANCY ADVICE & SUPPORT

Kate Martin (Coordinator)	South West Tenants' Advice Service	kmartin@cwcc.nsw.edu.au 1800 642 609 (freecall) 562 Macauley Street, Albury, NSW 2640	<p>South West Tenancy advice assists young people in the Albury area around tenancy advice. Services include: free confidential telephone service, face to face consultations by appointment, advice and representation for eligible tenants at the Consumer Trader & Tenancy Tribunal & information sessions on tenancy law and how to use it. The service also runs the free program "Rent It Keep It" for young people. Please contact Kate or Leah on 1800 642 609 (free call) for more information on the program.</p>
	Upper Murray Family Care	cls@umfc.com.au 02 6022 8000 29 Stanley St, Wodonga, VIC, 3690	Consumer and tenancy advice services for the Wodonga area

EATING DISORDERS, DIET & BODY IMAGE

Helen Still (Dietician)	Wodonga Regional Health Service	Helen.Still@wrhs.org.au Vermont Street, Wodonga, VIC, 3690 02 6051 7111	Helen can provide expertise and guidance on issues relating to food and its role in health. This may include assistance in the selection and preparation of appropriate foods, in achieving healthy attitudes to food, and in the management of certain conditions, such as diabetes, heart disease, weight issues, eating disorders, gastrointestinal disease and allergies. Medical referral is preferred in these cases but can come directly from the community. <i>Taken from internet</i>
Jane Ford (Dietician)	Albury Base Hospital	Borella Road, ALBURY, NSW, 2640 02 6058 4444	
Gabby (Dietician)	Albury Community Health Service	596 Smollett Street Albury NSW 2640 02 6058 1811	Groupwork and health promotion addressing healthy eating in the community and increasing physical activity amongst target groups. <i>Taken from the internet</i>
Cheryl Newman (President)	ACORN Support Group Inc	admin@AcornSupportGroup.com 02 6024 4733 0427 730283	<u>The Acorn Support Group</u> supports families and carers of people experiencing eating disorders. They do this by- Linking mums, dads, siblings, grandparents & friends with others who understand what they are experiencing and connect with them. Monthly lunches – informal get togethers where families and friends can share their experiences and draw on the support of the group. One-on-one support where required. Phone or email conversations with others. Access to library resources. Linking to local services for sibling and sufferer activity groups. <i>Taken from brochure</i>
	Acute Psychiatric Unit/ Banksia House	Austin Hospital, Studley Road West Heidelberg, VIC, 3084 03 9496 6407	Provides services for people 16 – 64yrs. Inpatient services include: assessment & short term in-patient treatment for people with eating disorders; medical, psychiatric, psychological, dietic, social work, occupational therapy and psychiatric nursing; individual programs are tailored by the treatment team. Referral to come from a GP or medical/ health professional. <i>Taken from Eating Disorder Referral Services List 2007, Eating Disorders Foundation of Victoria Inc.</i>
	Centre for Adolescent Health	2 Gatehouse St, Parkville, VIC, 3052 03 9345 5890 www.rch.org.au/cah	Provides services for young people 11 – 17yrs. The Centre provides outpatient services for families and adolescents. Inpatient services are for medical stabilization only. The Healthy Eating Clinic offers treatments for adolescents with eating disorders. Referral to come from a GP or medical/ health professional. <i>Taken from Eating Disorder Referral Services List 2007, Eating Disorders Foundation of Victoria Inc.</i>

VICTIMS OF CRIME, YOUTH SAFETY, YOUTH CRIME PREVENTION

Senior Constable Kevin Mack (Youth Resource Officer)	Wodonga Police	kevin.mack@police.vic.gov.au 02 6049 2754 100 Hovell Street, Wodonga, VIC, 3690	Kevin's role is to work in conjunction with identified key internal and external stakeholders and the Local Safety Committee in determining and prioritizing actions for local police/youth issues and developing a local youth strategy to address these priorities. The emphasis of Kevin's role is to coordinate and facilitate services to develop the capacity of operational police to work with young people, and to develop local systems to improve outcomes for young people. Kevin is the Wodonga Police contact point for local youth agencies in relation to young people.
SenCon Regina (Reggie) Watson (Youth Liaison Officer) SenCon Francine (Fran) Lee (School Liaison Police) SenSgt Les Nugent (CMU Supervisor)	Albury Police	SenCon Regina (Reggie) Watson wats1reg@police.nsw.gov.au SenCon Francine (Fran) Lee lee1fra@police.nsw.gov.au SenSgt Les Nugent nuge1les@police.nsw.gov.au Olive Street, Albury, NSW PH: 0260 239299/ FAX: 0260 23 9258	Members of the Albury Crime Management Unit (CMU) , Albury Police - responsibilities include working with Youth and the community & assist crime prevention strategies and direct intervention. Police are also a source for awareness/working with partner organisations/ Juvenile Justice/ DOCs/ Community Health/ Schools/ PCYC /Betty's Place/ Council youth officers and other network organisations. SenSgt Nugent also works with the indigenous community including Woomera/Mugabareena Aboriginal organisations and police have extensive contacts with other Youth Services.
Kerry Burns (Manager)	Upper Murray Centre Against Sexual Assault (CASA)	burns@umcasa.com.au 03 57222203 1800 806 292 50 Docker St, Wangaratta, VIC, 3677	This is a free and confidential support service for victims/ survivors of sexual assault and non-offending family members. The team offers outreach services to people in Wodonga and Benalla. Services offered include Counselling, group work, crisis telephone counseling, information and referral, community education, professional training and advocacy. The service is available to people of all ages: men, women and children. Specialist therapeutic treatment services are available to children under ten with problem sexual behaviour and young people ten – fourteen with abusive sexual behaviour.
	Albury Community Health Service	02 60581843 596 Smollet St, Albury, NSW, 2640	'Crisis care, counselling, assistance, information, referral, advocacy, court support, group work and support for male and female children, young people and adults who are victims of sexual assault. Support is also provided for non-offending members of their families, their partners and friends. A twenty-four-hour crisis telephone is available' <i>Taken from the internet</i>
SOCAU Unit- Sexual Offences & Child Abuse Unit	Wodonga Police	100 Hovell Street Wodonga VIC 3690 (02) 6049-2600	This service is for victims of sexual and physical abuse

VICTIMS OF CRIME, YOUTH SAFETY, YOUTH CRIME PREVENTION

Helen Harbutt (Victims Assistance Program)	Ovens & King Community Health Service	Helen Harbutt 6056 6282	<p>Victims Assistance Program-Helen works with people of all ages who have been victims of a violent crime (i.e., assault, rape). She provides "individualised crisis support, information, practical support, court support, assistance with police reports and applications for reimbursement of expenses incurred as a result of the crime (including loss of earnings), as well as linkage with other specialist services, depending on the needs of each individual". Helen can work with young people residing in NSW, but the crime must have been committed in Victoria. She can also work with the families of the victim.</p> <p>Counselling Program- Helen can assist victims to access 5 counseling sessions with a Psychologist at no charge if the crime has occurred within the past two years and has been reported to Police within that time frame, or an intervention order has been issued in that time. Helen can assist young people to access longer term counseling by assisting them to make an application to Victims of Crime Assistance Tribunal (VOCAT).</p>
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FINANCIAL ASSISTANCE, FINANCIAL COUNSELING & GAMBLING COUNSELING

Sharon Campbell (Program Manager, Financial Counseling Service)	Upper Murray Family Care	scampbell@umfc.com.au 02 6022 8000 29 Stanley St, Wodonga, VIC, 3690	Sharon can offer financial information, advice and support for young people. The information & resources she has are tailored for young people. She can help set up budgets, utility payment arrangements on Centrepay, and assist with accessing Resources. For young people with debts who are suffering Financial Hardship she can advocate and negotiate with Creditors on their behalf.
Gambler's Help	Gateway Community Health	e-referral@gatewaycommunityhealth.org.au Intake Worker 02 6022 8888 155 High St, Wodonga, VIC, 3690	The Gambler's Help Team can be contacted Mon to Fri. They can be contacted directly on Tuesdays and Thursdays. We also provide counselling to family members affected by someone else's problem gambling behaviour. We are happy to come and provide dynamic and interactive group discussions about problem gambling.
Jill Campbell (Manager)	St Davids Uniting Care	stdavids@stdavids.unitingcare.org.au 02 6021 7099 593 Olive St, Albury, NSW, 2640	St Davids offers free and confidential financial and problem gambling counselling service and is a resource for service providers

TEENAGE PREGNANCY AND PARENTING

<p>Young Parents Programs</p>	<p>Gateway Community Health</p>	<p>Nicole McFarlane nmcfarlane@gatewaycommunityhealth.org.au 155 High St Wodonga VIC 3690 02 6022 8851</p> <p>Young Parents Program mobile 0429 852 500</p> <p>Ilena Young iyoung@gatewaycommunityhealth.org.au 155 High St Wodonga, VIC, 3690 02 6022 8803</p> <p>More information on programs each term is available from Gateway Community Health with direct contact numbers also given here when available</p>	<p>Network and Publications</p> <p><u>Albury-Wodonga Teen Pregnancy and Sexual Health Network</u> – an active multi-service cross-border network bringing together youth, health, education, housing , indigenous, family services and other agencies who work with young parents. The network will meet monthly in 2010 to share information, identify issues, discuss solutions, and improve knowledge about projects, activities, programs and support networks. To join the list for updates, minutes and information please contact Nicole</p> <p><u>Young Women’s Business</u> - A free pamphlet for all young women under 25 covering key contacts for sexual health, pregnancy and parenting services in Albury, Wodonga and Koori specific services.</p> <p><u>Albury-Wodonga Teen Pregnancy and Parenting Service Guide</u> – a free detailed A3 services poster guide to sexual health, pregnancy and parenting services on both sides of the border.</p> <p><u>Young Parents Survival Guide for Pregnancy</u> - a book developed with young parents that demystifies pregnancy, explains the language and lists things you need to think about.</p> <p><u>24 hr cotside assistance: The new baby manual FOR DADS</u> – Now that you’re the proud father of a new baby, here’s a manual of tips for getting the best performance out of your model</p> <p>Meeting new people Facilitated social groups offering support and information for pregnant / parenting young people. Held weekly on various days depending on location and venue Wodonga Young Parents Group Retro Young Parents Group Westside Young Parents Group</p> <p><u>Boorai Bumps:</u> Facilitated social group offering support, activities and information for Koori pregnant and/or parenting young people or first time mums. Held monthly at Albury-Wodonga Aboriginal Health Service. Call Selina on 02 6040 1200 or Jannine on 02 6058 1841</p> <p>For when you are pregnant <u>Young Parents Antenatal Classes:</u> Held regularly at Wodonga Hospital. Costs</p>
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			<p>\$20 for two weeks. Contact Antenatal Reception at WRHS on 02 6051 7240 for further details.</p> <p>Education and learning new things <u>"Caring for Kids"</u> and <u>"Play and Kids"</u> – in partnership with Wodonga Institute of TAFE these short courses are designed for pregnant and parenting young women and offer competencies in the Children's Services Cert III. 8 weeks with support, the program has been very successful, with many continuing onto other studies. Participants study in a supportive environment, all assessment is in class, support is available and all course fees are covered. <i>These run every term for 2010.</i></p> <p><u>Baby Cues</u> – how do you know what your baby is trying to say to you? Find out with this relaxed group designed for pregnant and parenting young people (him as well as her) held weekly.</p> <p><u>Toddler Cues</u> – for young parents who want to know how to communicate with their toddler, and understand their behaviours. These on-demand sessions allow you to share what you know with other young people, swap tips and ask questions in a friendly and relaxed environment.</p> <p><u>Other courses on demand</u> – we offer a variety of other activities on both sides of the border such as music, careers afternoons etc so if your young parents want to do something – give us a call.</p>
Taryn Russell (Supporting Young Parents Program)	Central Hume Support Services	Taryn.Russell@chss.net.au 14 Mint Street, Wodonga, VIC, 3690 02 6043 7411/ 0407 414 824	<u>Supporting Young Parents Program</u> is a case management program for pregnant or parenting young mothers between the age of 15 and 25, who are homeless or at risk of homeless. It includes case management, out-reach, support and role modelling in the home. Also provides links to anti natal and postnatal care, and information about pregnancy and parenting. The program is in partnership with UHCH who provide extension activities. Extension activities include links to young mums groups, education (CEC, caring for kids course, etc) and the possibility of any other identified needs. Referrals to this program via the Intake Worker.
Antenatal Care	Wodonga Regional Health Service	www.wrhs.org.au	A new pamphlet 'Important Pregnancy Care Information' is available within the Albury Wodonga region (GP clinics and Community Service Providers) and outlines local pregnancy care options and maps out your pregnancy, visit by visit. It can also be downloaded from www.wrhs.org.au . Consult this pamphlet for important local information about pregnancy care (often called antenatal care).

HOMELESSNESS/ AT RISK OF HOMELESSNESS SUPPORT PROGRAMS & ACCOMMODATION

<p>Central Hume Support Services</p>	<p>Intake Worker 02 6043 7400 14 Mint Street, Wodonga VIC, 3690</p> <p>Wodonga Youth Refuge 20 Lawrence St, Wodonga, VIC, 3690 02 6056 4346</p>	<p>Central Hume Support Services run a variety of programs targeting young people at risk of homelessness or who are homeless. To make a referral, please contact the intake worker. Programs include:</p> <p>Wodonga Youth Refuge: Provides crisis short-term accommodation for a maximum of 6 weeks and support for young people. 24 hour/ 7 day a week support is available and if young people don't have a current case worker, case work support is offered through the case management programs at CHSS. Age: 15-18 yrs.</p> <p>Kids Under Cover- Provides accommodation for young people enrolled in the secondary school system. 4 places are available in a rural housing property. A live in lead tenant/ carer supports the young person with mentoring support and guidance. Referrals can be made through the well-being or welfare coordinator of their school. Age: 16 – 18yrs. Coordinated by CHSS and Rural Housing.</p> <p>Creating Connections: intensive case management program which seeks to assist young people who have multiple or complex needs, and for whom the prospects of accessing suitable assistance are low without substantial intervention. Age- 15 – 25yrs</p> <p>The Youth Support Program: Support is provided either directly by an allocated worker through identifying issues affecting the young person and developing strategies to manage them whilst working towards identified goals or through referral to other specialist services as needed. Age: 15 – 24 yrs. Support is provided for 13 weeks.</p> <p>Leaving Care Housing Initiative: provides case management support to young people who are leaving the care of the child protection system or have been previous clients of the child protection system, and are at risk of homelessness. Age: 16-21 yrs</p> <p>Supporting Young Parents Program is a case management program for pregnant or parenting young mothers between the age of 15 and 25, who are homeless or at risk of homeless. It includes case management, out-reach, support and role modelling in the home. Please see the Teen Pregnancy and Parenting section for full details.</p>
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Di Glover (CEO)	YES Youth & Family Services	<p>yes@yes.asn.au http://www.yes.asn.au/ Intake Number: 02 6058 6200 The HUB, 562 Macauley St, Albury, NSW, 2640</p> <p>YES Youth and Family Services run a variety of programs targeting young people at risk of homelessness or who are homeless. To make a referral, please contact the intake number. Programs include:</p> <p>Broughton House Provides short term crisis accommodation for young people aged 15 to 17 years who are homeless or at risk of becoming homeless, victims of abuse etc. Accommodation is short term (up to 3 months) and goal oriented. Staff provide assessment, support, crisis intervention and case management. PH: 02 6021 7046, bhouse@yes.asn.au</p> <p>Outreach Case Management Services: Provides assistance to young people in achieving independence by securing and maintaining affordable accommodation, developing appropriate living skills and providing referral and advocacy assistance Age: 15 – 24yrs. PH: 02 6021 7046</p> <p>Stay Safe: - Provides up to 6 months of case management support to clients of the Department of Juvenile Justice aged 12 to 18yrs. The young people may be exiting a period of detention and/or are either homeless or at risk of becoming homeless. The program is offered in Albury and the surrounding district. Ph: 02 6058 6270, staysafealbury@yes.asn.au</p>
	Albury Supported Accommodation Service	<p>(02) 6021 8844 442 Swift Street, Albury, NSW, 2640</p> <p>For young people 18yrs and over to find medium term supported accommodation for 3-12 months. Services include support to become independent, Information, Advocacy, Referral, Early intervention to prevent homelessness, Independent living skills</p>
Vivien Voss (Manager)	Betty's Place Women's Refuge	<p>vivien@bettysplace.org.au 02 6041 4141</p> <p>The refuge is for women with or without children escaping domestic violence and or family violence situations. The refuge aims to provide a safe supportive environment and the focus is to empower women, enabling them to be self-determined and take control of their lives.</p> <p>The Refuge also endeavours to raise community awareness of the crime domestic violence and the impact it has on women and society. Services Provided crisis accommodation, counseling, confidential services, appropriate referral, personal support, child support program, etc. Betty's Place take women over 18 into Betty's Place and women under 18 who have a child</p>

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Judy Rose (Program Manager)	Triple R Wodonga	jrose@mindaustralia.org.au 02 6056 8484 0429 708 497 5/10 London Rd, Wodonga, VIC, 3690	This service is a transitional residential psychosocial rehabilitation service for young people 16 – 24 yrs experiencing disability related to serious mental health issues. Young people can be referred through agencies or by self-referral. There are 10 single bedrooms in shared 2 or 3 bedroom units. The young person must be willing to commit to improving their mental health and other identified areas of life skills as part of working towards their own recovery
Statewide after hours homelessness number	Salvation Army Crisis Contact Service (SACCC)	1800 825 955	This number is for people to use outside of normal day service delivery hours. The call will be assessed by SACCC and they will assist the person to obtain overnight accommodation and referral to homelessness services. The number links with to the Rural Housing Network during business hours, Monday to Friday 9am to 5pm.