



EATING DISORDER REFERRAL LIST

ALBURY WODONGA REGIONAL TREATMENT SERVICES as at 26 June 07

This list is being compiled by the Acorn Support Group to provide information to families and carers about regional eating disorder services/professionals. The list is considered a 'living document' which by no means includes all services/professionals available, just those who have contributed their details. The list will be updated and distributed by email each month on the Acorn email network.

If you or your service would like to be added to the referral list please email your details (including costs, applicant criteria, referral if required, treatment available, etc) to sallypascoe@optusnet.com.au and you will be added.

Please note that you can also phone the Eating Disorder Foundation of Victoria (03) 9885 0318 for information on professionals/services in your local area.

Albury Base Hospital

Jane Ford – Dietitian
Albury Base Hospital
Ph: 6058 4444

Free out patient service at ABH - Appointments booked through the Nutrition Department. We try to keep waiting time for appointments to a minimum. Inpatient services are our core role.

Centrecare Albury – Catholic School Referrals

My name is Cathy Paxton. I work for Centacare Albury as a School Counsellor. I work in three Albury Catholic Primary Schools. I can only take referrals through the schools which can be obtained from the School's Principal. Parents must sign consent for counselling to Primary School aged children. One day a week I am the Team Leader of the School Counsellors in the Wagga Wagga Diocese. Centacare Albury also provides a service to Xavier High School, and Catholic Primary Schools in Corowa, Culcairn and Holbrook. Students at Xavier can self refer or be referred through their House Co-ordinator. There is also a service Catholic Primary School in the South West – Berrigan, Jerilderie, Tocumwal, Finley, and Urana. In Griffith, Leeton, and Wagga Wagga there are School Counsellors in the Catholic Primary and Secondary Schools. Centacare Albury also has Family and Relationship Counselling which is self-referred.

Phone number: (02) 60423700

Fax number: (02) 60423777

Centrecare - Xavier High School

My name is Tania Honeyman and my contact phone number is either 02 60423700 (Slattery Centre) or 02 60406388 (Xavier High School). I am the school counsellor at Xavier High School 3 days a week (Monday, Wednesday and Thursday) and am employed by Centacare Catholic Services.

Mental Illness Fellowship of Victoria – Benalla - Carers

Carol Reid & Jeff Vuglar

One-on-one support sessions (free of charge) for carers of someone with a mental illness. We are also running the Well Ways program in the Hume region, which is for carers (family or friends) of someone living with a mental illness.

Jeff Vuglar - Work mobile 0437259375
Benalla office 03 57625624

Open Family – Alcohol, Tobacco and Other Drugs

Di Griffin
Youth Outreach Specialist
Open Family
Albury/Wodonga Region
Tel: 0409 427614
email: dianne.g@openfamily.com.au

Open Family provides an outreach service for young people between the ages of 12 and 25 years who require information or assistance with alcohol, tobacco and other drug issues. Open Family is the only youth specific alcohol, tobacco and other drugs (ATOD) agency in the region. Open Family provides ATOD assessment, information and referral, development of individual treatment plans, ATOD education and counselling, family support and information, advocacy and secondary consultations to other services. Open Family Workers provide ongoing intensive support to its active clients on a 24 hour/7 days a week basis. Open Family is also actively involved with Party Safe and other alcohol and other drugs education in local schools.

Wagga Wagga Community Health Centre

Jackie Priestly APD
Senior Community Dietitian
(Monday, Tuesday and Thursday)

Wagga Wagga Community Health Centre
PO Box 159 Wagga Wagga NSW 2650
Ph: 02-69386416 Fax: 69386410.

We have 2 dietitians and one counsellor who are experienced in working with clients with eating disorders. We take a team approach.

All enquires regarding request for services are initially directed to an intake officer. They take initial details then convene an ED client intake meeting. At this meeting we review the initial info and decide how best to meet needs based on capacity at that time. Clients can usually be offered a dietitians appointment within 1-2 weeks (depending on priority status assessed). Our psychologist has a limited number of places for clients with eating issues and these are generally full. New clients are referred into the psychologist if a place is available or to alternative counselling support locally based on their circumstances (CAMHS,tafe/uni counsellors,access to employee assistance programs, private services). New clients are requested to have a medical assessment prior to attending their first dietetic appointment if this has not already been conducted.

Wodonga Regional Health Service

Helen Still - Dietitian
Wodonga Regional Health Service
PO Box 156
Wodonga, VIC, 3689
Ph: 02 60517406
Fax: 02 60517430

Clients can self refer (or refer their children), or referral via a GP. A small charge for service , \$10 or \$6.50 for HCC holders, or the fee can be negotiated. We undertake nutritional assessment and dietary/nutritional counselling.



ACORN SUPPORT GROUP -- Support for Families and Carers of People with Eating Disorders in Albury Wodonga and surrounding regions