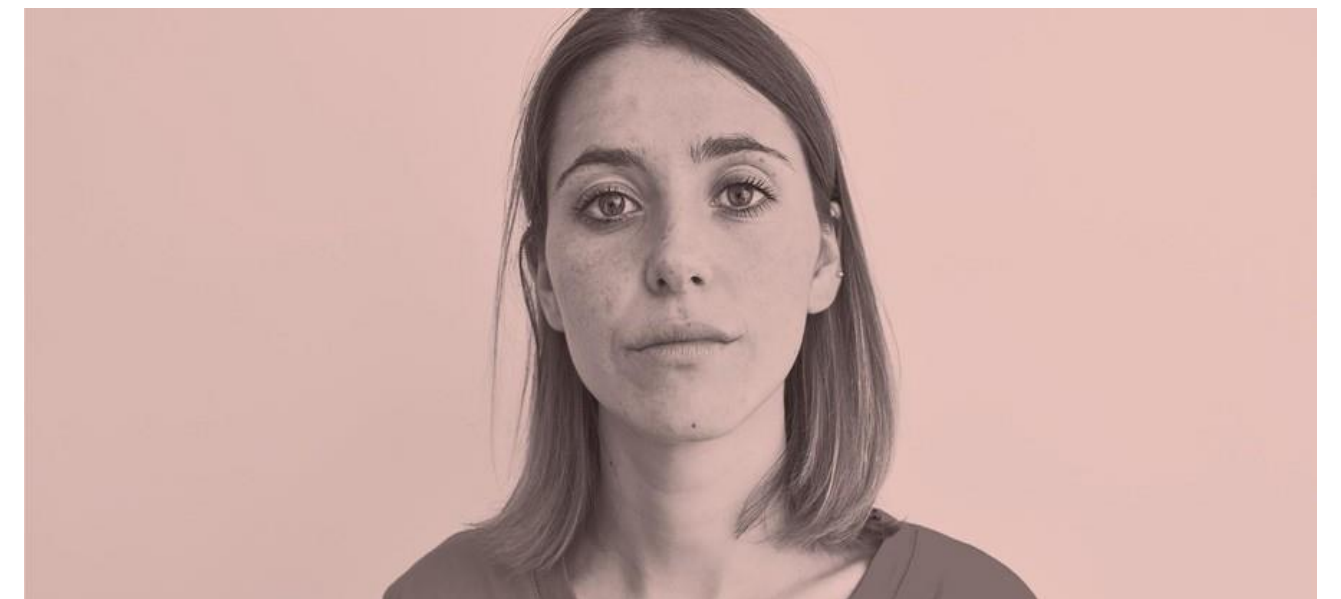


WOMEN'S HEALTH GOULBURN NORTH EAST

A GUIDE TO BOARD INVOLVEMENT

For Prospective Board Members 2022-2023



WOMEN'S HEALTH GOULBURN NORTH EAST

About the organisation

Women's Health Goulburn North East (WHGNE) is a proudly feminist not for profit organisation, leading change towards gender equity and women's health, wellbeing and safety in rural and regional Victoria.

The organisation's purpose, is to ensure rural and regional women of all ages have optimal health and wellbeing.

WHGNE, led by CEO Amanda Kelly with a dedicated and talented team, aims to drive systemic change by:

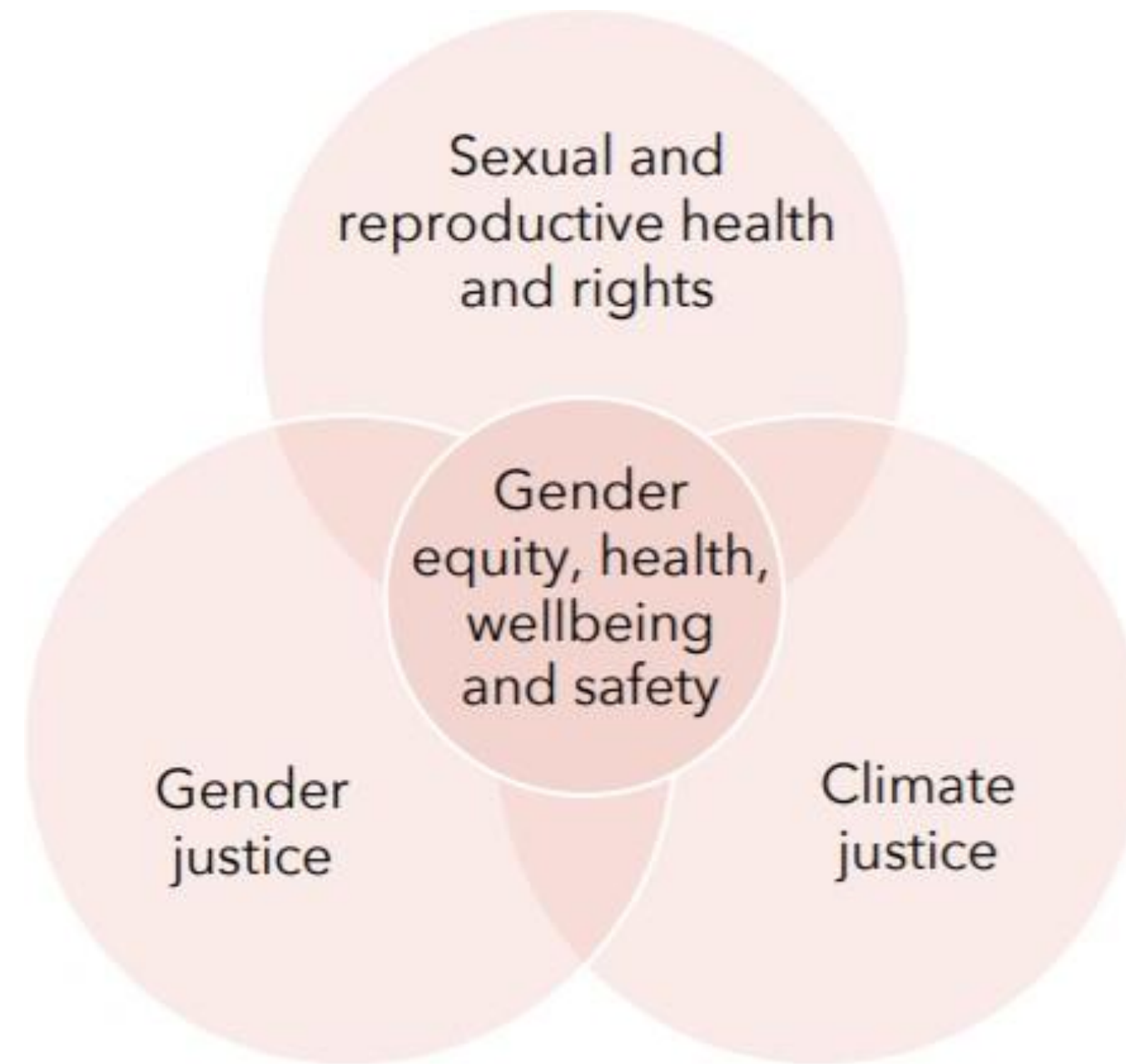
- **Listening to its communities** - seeking to understand women's experiences and priorities, and identifying emerging and pressing issues.
- **Collecting the evidence** - conducting, coordinating and collating research to develop an evidence base, which is shared widely.
- **Mobilising and empowering others** - engaging and inspiring our partners through a capacity building approach that strengthens their knowledge and skills.
- **Leading advocacy that amplifies voices** - drawing the threads together as a platform to share our communities and region's stories in context.



Amanda Kelly CEO

KEY IMPACT AREAS

In delivering its work, WHGNE focuses on the following key impact areas.



THE ROLE OF THE BOARD

The role of the WHGNE Board is to oversee and monitor:

- **The overall performance of the organisation** - ensuring the organisation develops and implements strategies and supporting policies to enable it to fulfill the objectives set out in the constitution.
- The **Overall compliance performance** - ensuring the organisation develops and implements systems to enable it to comply with its legal, policy and financial obligations and the organisation's assets are protected through appropriate risk management.

The WHGNE Board also has the responsibilities of:

- Driving the strategic direction of the organisation.
- Working with the CEO to enable the organisation to obtain the resources, funds and personnel necessary to implement the organisation's strategic objectives.
- Implementing, maintaining and refining a system of good governance that is appropriate for the organisation.
- Reviewing reports and monitoring the performance of the organisation.
- Regularly reviewing the board's structure and composition, so that these are appropriate for the organisation.
- Appointing and managing the performance of a suitable CEO.
- Succession planning for the CEO and Board.

SOURCE: The Australian Institute of Company Directors (AICD)

COMPOSITION OF THE BOARD

The skill set of the Board is diverse and varied. We recruit new members from a variety of backgrounds ranging but not limited to:

- Accounting & finance
- Public health
- People
- Management Law
- Health Promotion
- Communications
- Public Policy
- Governance
- Regional Expertise



We aim to have a balance of skills on the board. In addition to skill set however, it is imperative to:

- Understand and support the work of WHGNE
- Have an alignment to the core values

Board members will be drawn from those living and/or working in the Goulburn and Ovens-Murray (North East) region of Victoria. This encompasses the following 12 Local Government Areas: Wodonga, Towong, Indigo, Alpine, Wangaratta, Benalla, Mansfield, Moira, Greater Shepparton, Strathbogie, Mitchell and Murrindindi.

OUR PRINCIPLES

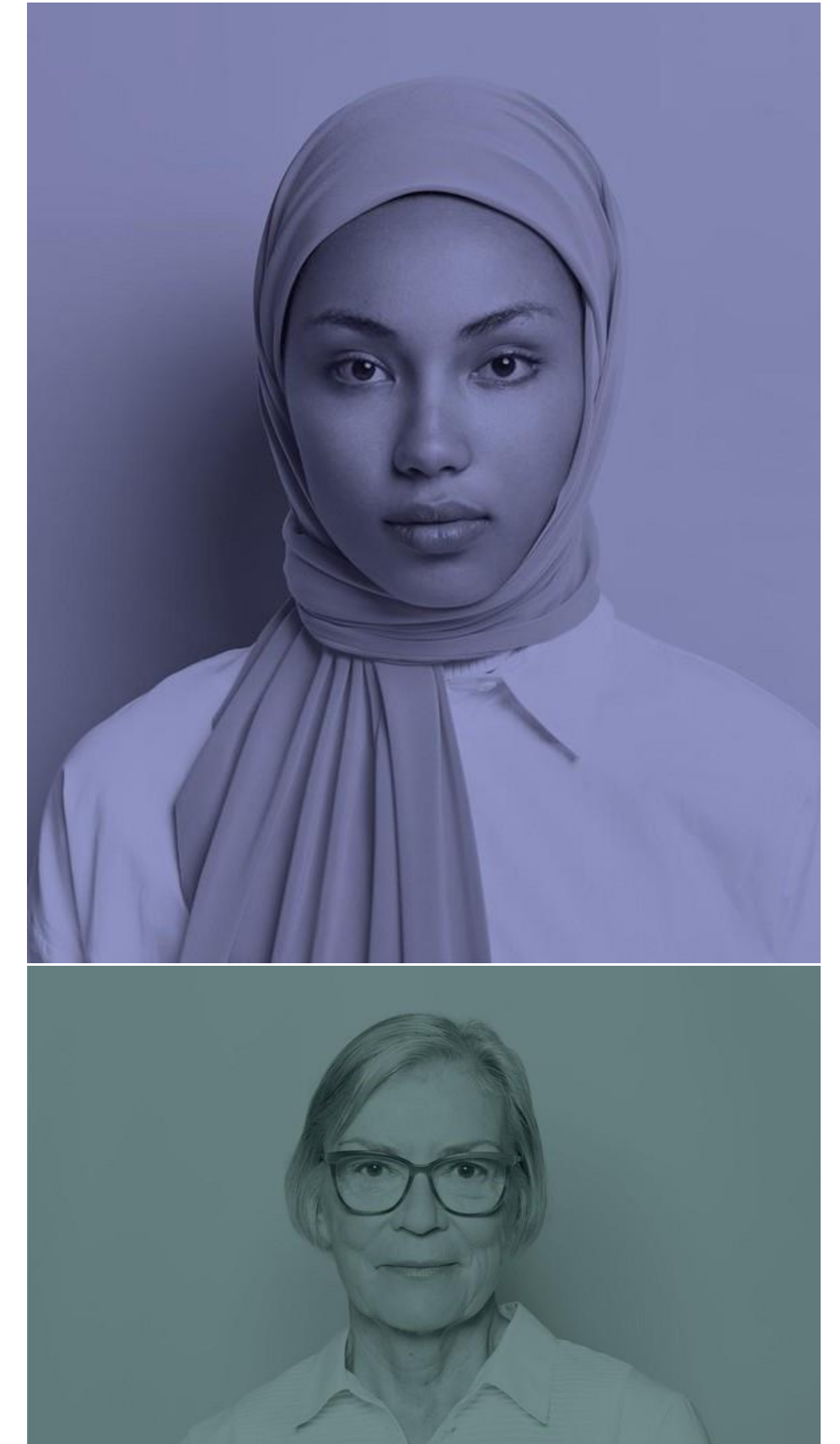
As a Board Member, upholding the values of WHGNE is important to the role. These values inform our decision making and underpin everything we do. It is imperative prospective board members feel an alignment with these values.

- We work within an evolving feminist framework to advance the goal of gender equality.
- We recognise, listen to, and amplify the voices of underserved rural and regional women within our communities.
- We believe in collaboration that drives mutual benefit and a shared purpose.
- We believe in evidence informed decisions and actions.
- Our work is intersectional, inclusive and forward moving, and we recognise the significant contribution, self-determination and wisdom of First Nations communities.
- We advance our work by addressing structural inequities, with the understanding that what benefits women at the margins, benefits all members of the community.

CORE VALUES & WAYS OF BEING IN THE WORLD

In addition to having an alignment with the values of the organisation the ideal candidate will have the following attitudes, skills & competencies:

- Authentic & honest
- Must be feminist & have strong people focus & experience
- Positive with a growth mindset
- High emotional intelligence
- Respectful and non-judgmental
- Agile & adaptable
- Considered reflective approach
- Passionate about gender equality
- High level self-awareness & self-care
- Understands their strengths & their gaps
- Committed to continuous improvement



CURRENT BOARD 2022-2023



Trish Curtis
Chair



Bek Nash-Webster
Deputy Chair



Katherine Allsop
Acting Treasurer



Karen Taylor
Acting Secretary



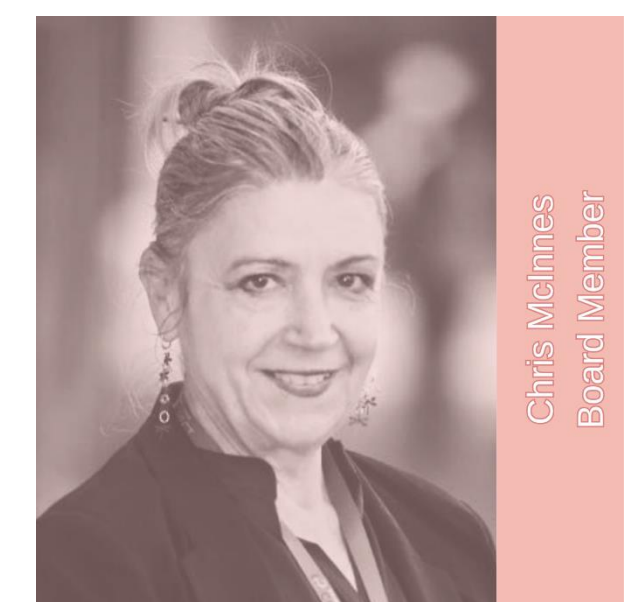
Jacqueline Eckert
Board Member



Michelle Fleming
Board Member



Zoe Delamare
Board Member



Chris McInnes
Board Member

Not pictured – Katherine Allsop, Acting Treasurer

For more information on our Board Members please visit our website:
<http://www.whealth.com.au/our-people/>

JOINING THE BOARD

There are several steps in the pathway to Board Membership, as detailed below.

1. Email to Register Your Interest

If you've completed some background research about the organisation and would like to join the Board, register your interest by sending an email to the Executive Committee at Executive@whealth.com.au. On receiving it, the Executive will review your application.

3. Provide Some Additional Information

If you decide to proceed with your application, you'll be asked for a letter telling us why you'd like to be a Board Member, along with your CV. Your letter, CV and the things discussed in your preliminary phone discussion, will all be put before the full Board for them to review and discuss. At this point, the Board Member will get back to you with the progress of your application.

5. Board Vote, Acceptance & AGM

After the Board meeting, the full Board will hold a vote on whether they'd like to invite you to formally join. If you accept, you are now a member of the Board at WHGNE filling a casual vacancy. Your appointment to the Board will be confirmed at the AGM.

2. Have a Preliminary Chat

A current Board Member will get back in touch with you and arrange a time to have a preliminary talk, answer any questions and ask you some too. They'll also let you know if there are any vacancies at the time. If there are no current vacancies, we will keep your details on file for the next recruitment period. Our Rules of Association specify that we must have a maximum of 12 members and a minimum of 6 on our Board.

4. Attend a Board Meeting

You'll be invited to attend a Board meeting to give you and the Board members an opportunity to meet each other and for you to get a sense of how the Board works. We'll ask you to sign a confidentiality agreement before coming along to the meeting. It's a simple document that gives you a sense of what can and can't be discussed outside the meeting with non-Board members.

THE COMMITMENT



The Board meets monthly via an online platform. In-person attendance is only required on an ad-hoc basis for special purposes. Papers are available prior to the meeting via our online secure Board portal. It is expected that members:

- Have read the papers prior to the meeting
- Are well prepared to discuss items, ask questions and contribute to decision making as required.

Based on the monthly board meeting, members may be allocated additional tasks or be asked to participate in working/focus groups.

If the member holds an executive position, they will be required to attend a quarterly Executive Meeting. In addition, the Treasurer must attend a quarterly Finance and Risk Meeting. Some additional responsibilities also come with these roles.

Our Annual General Meeting is held in September each year, this is an important event on the WHGNE calendar and celebration of the year's events. As such, Board members are required to attend.

Every five years the organisation reviews the overall strategic plan. Board members play a key role in this process and are required to attend strategy days and planning sessions.

Social events, seminars and collaborations with other Women's Health Groups are held throughout the year and while not compulsory, Board members are encouraged to attend.



THE BENEFITS

There are many benefits of becoming a Board member and the role is exceptionally rewarding.

Our Board members past and present consistently provide the following feedback, as to what they believe are the main benefits:

- The experience of working with a diverse passionate group of women, seeking to make a positive impact in their support of WHGNE.
- The opportunity to make a positive impact in the lives of women and girls in the Goulburn North East Region.
- The ability to gain board experience in a general member position, along with the support and framework to move into an executive position if desired.
- The ability for ongoing training and development.
- The networking opportunities within the board and broader Women's Health network.

NEXT STEPS



If you're ready to take the next steps to Board membership or would like more information, Please contact:

Executive@whealth.com.au

Visit our Website

<https://www.whealth.com.au/>